

Coot Club

STANFORD, SOUTH AFRICA

2026 Activity Sheet

At Coot Club, a spirit of adventure runs through each day. From the stillness of the lagoon to the wild edges of the coastline, there are endless ways to explore and play. A selection of experiences is included in your stay, with further adventures available on the property and beyond for those inspired to venture further.





Included in Your Stay

Adventure guides will circulate during breakfast to discuss the Adventures available for the day, depending on the weather. We are very flexible and can book your adventures with 1 hour lead time.

Kayaking & Stand-Up Paddleboarding (SUPs)

Take a kayak or paddleboard onto the lagoon and enjoy the peaceful surroundings. Lifejackets are provided for safety, and all equipment is complimentary.

Fat Bikes and Mountain Bikes

Cycle through picturesque trails around Coot Club and take in the natural beauty of the area. Bicycles are available for all guests to use at their leisure.

Hiking Trails

Explore diverse trails around Coot Club, suitable for all fitness levels. Whether you're after a light walk or a more challenging hike, there's something for everyone. Can you conquer the Champions Trail?

Fynbos Walk

Fynbos walks will take place every morning from 07h30 to 08h30 during the summer, led by the new Conservation Manager at the Foundation, Jeanne. In winter, walks will be weather dependent and will depart at 08h30.



Sailboats

We have two sailboats available for experienced sailors to enjoy a day out on the water.

Note: For experienced sailors only

Yoga on the deck

Start your day with gentle movement and stillness on our yoga deck, surrounded by panoramic mountain views. Morning yoga sessions are suitable for all levels, especially beginners. For those looking to deepen their practice, private sessions can be arranged with our instructors. Mats and props provided.

Available Offerings:

- Morning Hatha Yoga (Beginner level - Free of charge)
- Private Yoga Sessions: R250 per person

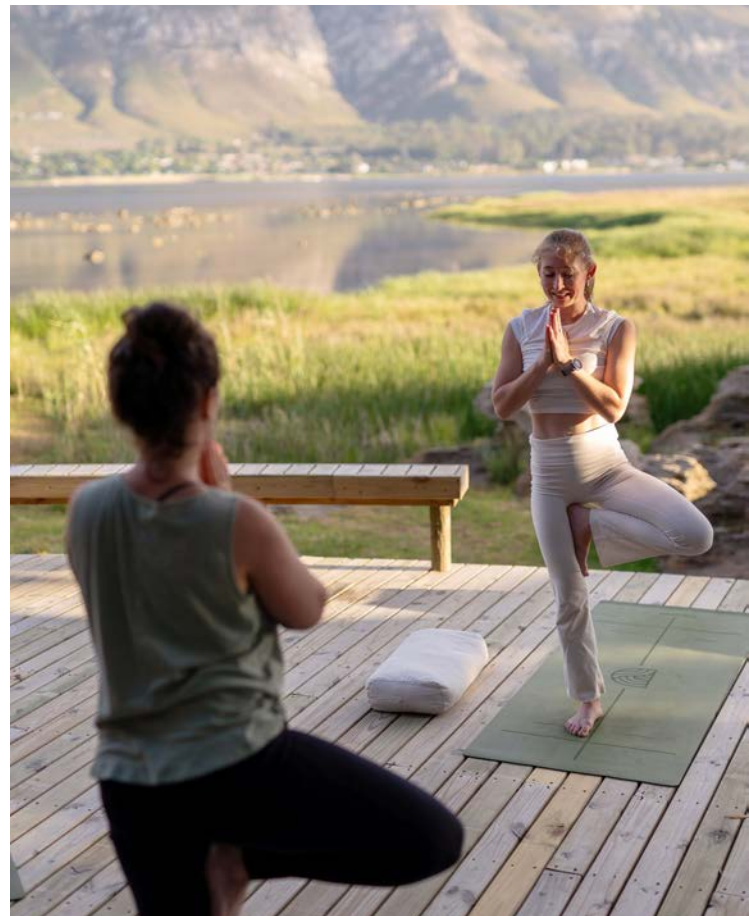
Class Types Available: Restorative/Yin Yoga, Guided Meditation, Intermediate & Advanced Hatha/ Vinyasa Yoga

Archery Lessons

Test your aim at our brand-new archery range! Guests can now book daily lessons to learn proper technique, safety and have some target-shooting fun under guide supervision. Includes all equipment and safety gear.

Duration: 45 - 60 minutes

Booking: Pre-book through the Clubhouse or via WhatsApp | Weather Dependent





Adventures Available at an Extra Cost

Coot Club is committed to donating all profits from motorized activities to vital conservation efforts, directly supporting the local community and preserving Walker Bay's unique ecosystems.

Quad Bike Tour

Explore scenic landscapes with an hour-long guided quad bike tour. Kids under 16 can join as passengers, making it a great family-friendly activity.

Duration: 1 hour

Price: R750 per adult | R375 per child (8 - 15 years)

Quads Available: 4

Beach Excursion

Take a leisurely drive through the Walker Bay Nature Reserve to Die Plaat beach. Enjoy a sandboarding session on some of the large dunes and a scenic walk along the shoreline. End your trip with a relaxing picnic, complete with drinks and light snacks. Ponchos are available if the weather turns.

Duration: 2.5 hours

Availability: Morning and afternoon trips daily

Price: R450 per adult | R275 per child

Includes: Guide with expert knowledge, drinks and snacks

Booking: Through the Clubhouse or reception



Watersports

Enjoy the calm waters with one of our ski boats, featuring a wake tower for easier learning and improved performance in wakeboarding and water skiing. This is the ultimate lagoon adventure for families and thrill-seekers alike.

Duration: 45 minutes per session

Price: R1,200 per session

Capacity: 5-8 guests

Includes: Wakeboarding, skiing, tubing, all gear and instruction

Booking: Through the Clubhouse or Reception

Sundowner Boat Cruise

Enjoy a relaxing cruise on the lagoon as the sun sets behind the mountains. Take in the golden views with a drink in hand and light snacks on board – the perfect way to end your day at Coot Club.

Duration: 1 hour

Price: R1,800 per trip

Capacity: Up to 8 guests

Includes: Drinks and light snacks

Booking: Through the Clubhouse or Reception

Notes: Subject to weather and availability

In-Room Massage Services

Enjoy a relaxing massage in the comfort of your room. Our team, led by Anna Federski-Haering and Mirko Haering, offers customized treatments using natural oils like Buchu, tea tree, arnica, and rosemary. Reflexology sessions balance energy flows through pressure point foot massages.

Massage & Reflexology Options:

- Full Body Massage (90 min): R1500
- Full Body Massage (60 min): R1100
- Back & Neck Massage (45 min): R850
- Reflexology (60 min): R850
- Kids Back & Head Massage (30 min): R450

Opening Times 9:00 AM - 6:00 PM (Monday to Sunday)

Note: Advance booking is essential for all massages.





On the Water

Explore ocean and river experiences around Hermanus, Gansbaai, and Stanford. From whale watching and marine safaris to shark cage diving and tranquil river cruises, each adventure offers a unique perspective of this remarkable coastline. All rates are subject to change.

Whale & Marine Big Five Cruise with Marine Dynamics

Join Marine Dynamics for a spectacular eco-cruise in Walker Bay to spot the Marine Big 5: Southern Right Whales (June–November), Bryde’s Whales, Humpbacks, Dolphins, Seals, and Penguins.

Duration: 2 – 3 hours

Travel Time: 45 minutes

Rate: R2,145 per adult | R1,551 per child (u/12) | u/5 free

Private Charter: R38,000 (1–6 guests) | +R4,500 pp (max 20 guests)

Conservation Fee: R100 per person

Includes: Light breakfast or lunch before trip; soup and bread after trip; snacks and drinks onboard; wet-weather gear and blankets; free visit to the African Penguin & Seabird Sanctuary

Booking: Directly at +27 (0)82 380 3405 or reservations@marinedynamicstravel.com or via the Clubhouse

Shark Cage Diving with Marine Dynamics

Get up close with South Africa’s iconic sharks on a thrilling Marine Dynamics adventure from Kleinbaai. Guests may encounter Bronze Whaler (Copper) Sharks, Seven-Gill Sharks, and even the occasional Great White. The trip includes refreshments, full safety gear, and expert marine guides.

Duration: 2 – 3 hours

Travel Time: 45 minutes

Rate: R3,355 per adult | R1,900 per child (u/12) | u/5 free

Private Charter: R38,000 (1–6 guests) | +R4,500 pp (max 20 guests)

Conservation Fee: R100 per person

Includes: Coffee, tea, and muffins on arrival; warm soup and bread after trip; wetsuits, lifejackets, towels; free visit to the African Penguin & Seabird Sanctuary

Booking: Directly at +27 (0)82 380 3405 or reservations@marinedynamicstravel.com

River Cruises

African Queen River Cruise

Embark on a two-and-a-half-hour eco-friendly journey aboard the African Queen, a double-decker riverboat.

Rate: R200 per person (Minimum 10 passengers) | Private Charters from R4,500

Lady Stanford River Cruise

Set sail on the Lady Stanford, a spacious eco-friendly riverboat that comfortably accommodates up to 26 passengers.

Duration: 2 hours

Rate: R250 per person; private charters available at R4,200



Further Afield

Explore the best of Hermanus, Gansbaai, and Stanford with unforgettable experiences like Guided Fat Biking and the Penguin and Seabird Sanctuary. Our team at the Clubhouse will gladly assist with bookings and recommendations. All rates are subject to change.

River Gate Eatery and Petting Farm

The Eatery is your one-stop-shop for decadent cakes, seasonal lunches and freshly brewed coffee. Cozy up next to the fire in the winter months or opt for a table overlooking the gardens when the sun is shining. Say hello to the alpacas, donkeys, cows, chickens and turkeys.

Available: Saturdays and Sundays
Booking: Directly at +27 (0)64 785 7454

Penguins and Seabird Sanctuary

Visit the Dyer Island Conservation Trust's rehabilitation center for marine birds, located in Kleinbaai near Gansbaai. The sanctuary is open all day, with daily penguin feeding at 3 PM.

Opening Times: 9:00 AM - 4:00 PM
Travel Time: 45 minutes
Entrance is free, and donations are welcome.

Padel in Stanford

Experience one of the world's fastest-growing sports at OhPadel Club in Stanford (27 Kleine Street). The club features indoor, all-weather courts, equipment rentals, and a lively local atmosphere – perfect for families, couples, or groups of friends.

Opening Hours:
Mon-Thu 7:00 AM - 9:00 PM
Fri-Sun 7:00 AM - 10:00 PM

Pricing:
1 hour: R400 - R500 (≈ R100 - R125 pp)
90 minutes: R600 - R750 (≈ R150 - R187.50 pp)
120 minutes: R800 - R1000 (≈ R200 - R250 pp)

Extras:
Racket rental - R50 per racket per booking
Balls and accessories available in the on-site Pro Shop

Booking: Through the Clubhouse (Coot Club will make all bookings on guests' behalf)
Travel Time: 15 minutes
Notes: Indoor courts – weather independent; transport can be arranged through Coot Club

Guided Fat Biking

Discover Walker Bay dunes on a guided fat biking adventure with FatbikeTours SA, departing from De Kelders.

Duration: 1 hour 30 minutes
Travel Time: 30 minutes
Rate: R1,100 per adult (12+) | R740 per child (8-11)
Booking: Direct at +27 (0) 79 514 8386



Stanford Village

The charming village of Stanford is perfect for a leisurely stroll, offering delightful tea spots, cozy lunch options, and a Saturday morning fresh produce market featuring local treats. From September to January, enjoy the lively food and drinks festival with live music on the last Friday of each month.

Wandelpad Hiking Trail

Explore the scenic Wandelpad trail as it winds through the heart of Stanford Village. This easy-to-follow path offers tranquil river views, birdwatching opportunities, and an immersive experience in nature. Perfect for all ages, it's an ideal way to take in the charm of this historic village.

Duration: Approximately 1 hour

Difficulty: Easy

Restaurants

Zesty Lemon, Sir Robert Stanford Estate

A family-friendly venue serving stylish comfort food in a tranquil farm setting.

Open: Tue-Sun, 9:00 AM - 4:00 PM

Contact: +27 (0) 28 341 0647

Oumeul Bakery

A cozy spot offering freshly baked breads, pastries, and a selection of light meals. Perfect for breakfast, brunch, or a quick coffee break.

Open: Daily, 7:30 AM - 4:30 PM

Contact: +27 (0) 28 341 0279

La Trattoria

An intimate Italian eatery offering authentic dishes such as handmade pasta, wood-fired pizzas, and delectable desserts, paired with carefully selected wines.

Open: Wed-Sat, 5:30 PM - 9:00 PM

Contact: +27 (0) 28 341 0123

Wineries

Springfontein Winery

A local gem offering tastings, light bites at the Wine Bar, and fine dining during the summer months.

Open: Daily, 11:00 AM - 9:00 PM

Stanford Hills

This estate offers tastings, scenic views, hiking trails, and horse riding. The Tasting Room restaurant serves fresh, inventive dishes of exceptional quality.

Open: Daily, 8:30 AM - 5:00 PM

Walker Bay Estate & Birkenhead Brewery

Experience wine and beer tastings alongside a modern à la carte menu of South African favorites.

Open: Daily, 10:00 AM - 5:00 PM